

HydraActiv

What does Cerule HydraActiv do?

When taken consistently, HydraActiv helps increase hydration by up to 3xs more than drinking water alone with essential electrolytes. It also contains our exclusive Cyactiv ingredient that is clinically proven to balance and calm inflammation throughout the body to increase mobility, flexibility, and function. Additionally, we feature magnesium glycinate in HydraActiv to support healthy liver function, muscle contraction, bone health and the maintenance of healthy glucose levels.

What are the common signs of dehydration that HydraActiv can help improve?

- Fatigue
- Dizziness
- Headaches
- Muscle Cramps
- Dry Mouth
- Extreme Thirst
- Muscle Fatigue
- Bad Breath
- Dark Urine
- Brain Fog
- Dry Skin
- Increased Heart Rate
- Irregular Urination

Why is Cyactiv beneficial in HydraActiv?

Our Cyactiv ingredient is clinically proven to balance and calm multiple inflammation pathways, helping you achieve optimal well-being. Imagine yourself being active, in need of relief from symptoms like fatigue or muscle soreness, HydraActiv will not only rehydrate the body to overcome fatigue, the Cyactiv will help balance and calm the body simultaneously. This way, your muscles and body can recover more quickly.

What are electrolytes?

Electrolytes are essential minerals in your body like sodium and potassium that have an electric charge, which is how your muscles contract. These electrical charges also help with chemical reactions, especially when it comes to hydration and the balance of fluids inside and outside of cells.

Are electrolytes good for you?

Electrolytes are minerals that are essential for your body to function. They help regulate your pH levels, muscles, keep you hydrated, and more. Consuming enough electrolytes in your diet is important for your health.

Is HydraActiv a weight loss product?

No, HydraActiv is not a weight loss product. While it does contain B vitamins which can boost your metabolism, it does not contain any active ingredients that are known to assist with weight loss.

What are the main ingredients in HydraActiv?

Cyactiv
Magnesium
Sodium
Potassium
Vitamin C
Niacin
Zinc
Panthothenic Acid
Vitamin B6
Vitamin B2 (Riboflavin)
Vitamin B1 (Thiamin)
Folic Acid
Biotin

How much HydraActiv should I drink daily?

We recommend consuming one stick pack of HydraActiv per day.

What is Magnesium?

Magnesium is a mineral that is essential for healthy muscles, nerves, bones, and the support of healthy glucose levels.

Can children consume HydraActiv?

Similar to all Cerule products, HydraActiv was formulated for adult consumption. However, there are no contraindications for children.

How long do I take the product in order to see results?

We recommend consuming HydraActiv for at least two weeks in order to start feeling results.