

CollagenActiv

What does Cerule CollagenActiv do?

When taken consistently, CollagenActiv helps reduce signs of aging, repair damaged skin, increase muscle mass and skin elasticity, improves joint mobility, strengthens brittle nails and damaged hair, and protects against the development of fragile bones and joint-related conditions.

What types of Collagen are in Cerule CollagenActiv?

Our unique CollagenActiv contains Marine Collagen Peptides I & III. Like other sources of collagen, marine collagen helps improve internal and external signs of aging and also provides an alternative for people that may have concerns about using other forms of collagen. The quality, sustainability, and bioavailability of marine collagen is shown to have superior benefits in helping with joint health, bone health, anti-aging, and skin concerns.

Why is Cyactiv beneficial in CollagenActiv?

Cyactiv supports a healthy lifestyle and overall wellness through:

- Inflammation Modulation
- Balancing a healthy inflammation response helps to maintain systemic inflammation within the normal range
- Supporting the ability of nutrients, oxygen, and stem cells in finding and rejuvenating tissues in need of renewal
- Antioxidant Protection
- Neutralizing existing free radicals
- Providing cellular protection against the formation of new oxidative stress

What are Marine Collagen Peptides?

Marine Collagen Peptides are a pure form of hypoallergenic protein produced from the skins of fish. It is a health ingredient used in a variety of wellness and beauty products. Like bovine, porcine, and other fish collagens, marine collagens are produced from 100% natural animal sources.

Is Marine Collagen sustainably sourced?

Yes.

Has our collagen been scientifically researched?

Yes, Cerule uses Marine Collagen Peptides I&III that are backed by science and research. Studies can be found on Cerule.com under 'CollagenActiv.'

Are Marine Collagen Peptides good for you?

In terms of quality, sustainability, and bioavailability, marine collagen is the best form of collagen for consumption. Similar to bovine, marine collagen improves joint health, bone health, skin concerns, signs of aging, and more. Furthermore, Marine Collagen is absorbed up to 1.5 times more efficiently into the body.

Is CollagenActiv a weight loss product?

Marine Collagen Peptides, like any protein, may promote satiety (a feeling of fullness) and can be easily mixed into any beverage like water, smoothies, or post-workout shakes. We advise using this product as a food supplement only. Do not use CollagenActiv for weight loss. Since we cannot offer individual medical advice, we recommend discussing your health goals with a licensed healthcare professional.

What are the main ingredients in CollagenActiv?

- Marine Collagen Peptides I & III
- Hylauronic Acid
- Cyactiv
- Proprietary Blend containing:
 - Aloe Vera Extract
 - Cordyceps Extract
 - Elastin
 - Fermented Black Soybean
 - Fermented Black Rice
 - Pine Bark Extract
- Vitamin C
- Vitamin D3
- Vitamin E
- Niacin
- Biotin
- Zinc (as zinc sulfate)
- Selenium
- Citric Acid
- Dimethicone
- FD&C Red #40
- Flavors
- Kollicoat
- Mannitol
- Stevia
- Sucralose
- Sucrose

What is the molecular weight (daltons)?

4000 Dalton.

Can CollagenActiv be served warm?

4000 Dalton.

How much CollagenActiv should I drink daily?

Yes, it is delicious warm, however, the beautiful blue will become less vivid.

*What is the best time to take this product?

To maximize absorption, we recommend taking CollagenActiv in the morning.

*Should I take this product every day?

Yes, we recommend taking 1 sachet daily.

When should I start collagen supplementation?

Collagen is a natural protein. It is a major component of many tissues in the human body, such as bones, teeth, and even (especially) the skin. Collagen determines the elasticity of the epidermis and promotes tissue regeneration, however, its production is not continuous.

In fact, from the age of 20, collagen production slows down quite significantly. It is therefore advisable to start relatively early, at 25 years old.

It's simple: the earlier the collagen will be taken, the more you will be able to observe rapid and lasting results on your skin. Moreover, the active anti-aging ingredients in collagen help provide healthy, shiny hair, as well as strong nails.

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Is drinking collagen effective in fighting the signs of aging?

Consuming collagen instead of topical application to the skin via creams, will have a more intense effect. One sachet a day of **CollagenActiv** acts on a deeper level compared to a cream, because the body absorbs the full benefits of the protein internally. With an anti-aging cream, the effect of collagen on the skin is very limited because the skin barrier prevents proper absorption of the protein. Consuming collagen increases the effects and benefits.

Can children consume **CollagenActiv**?

Clinical studies were done on adult populations, therefore, we recommend **CollagenActiv** for adult consumption. However, there are no contraindications for children.

How long do I take the product to see results?

After just 28 days with **CollagenActiv**, consumers noticed:

- Collagen density increased
- Collagen structure improved
- Visual improvements and anti-aging benefits observed on the skin
- Internal improvements of overall mobility and function noted